

## CASSIOBURY JUNIOR SCHOOL

### SCHOOL MEALS ALLERGENS LIST

Dish	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphates	Lupin	Molluscs
Fishcake with sweet potato mash	✓			✓			✓					✓		
Minestrone soup with bread	✓								✓					
Mild chicken curry with rice							✓		✓	✓				
Mild vege curry with rice							✓		✓	✓				
Jacket potato														
Tuna, sweetcorn, salad cream			✓							✓				
Grated cheese							✓							
Baked beans														
Margarita pizza	✓													
Pepperoni pizza	✓													
Salmon nuggets	✓			✓										
Potato chips														
Roast beef														
Yorkshire pudding	✓		✓				✓							
Green pea and sweetcorn risotto							✓		✓					
Quorn lasagne	✓					✓	✓		✓					
Margarita wrap	✓													
Macaroni cheese	✓						✓			✓				
Tortilla garlic bread	✓													
Salmon fillet	✓			✓										
Beef bolognese	✓								✓					
White fish fillet	✓			✓										
Roast chicken														
Stuffing balls	✓													
Vegetable chow mein	✓		✓			✓			✓					
Pork sausage												✓		
Vege sausage	✓					✓								
Smash	✓						✓							

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Vege sausage pasta	✓					✓			✓					
Beef burger	✓													
Vege burger	✓					✓								
Potato wedges														
Roast pork														
Potato cheese filo pie	✓		✓				✓		✓			✓		
Breaded Chicken	✓		✓						✓					
Gravy						✓								
Coleslaw			✓				✓			✓				
Homemade bread	✓						✓							
Fruit yoghurt							✓							
Cheese and biscuits	✓						✓							
Fruit scone	✓						✓							
Chocolate cornflake biscuit	✓						✓							
Mini milk							✓							
Pineapple upside down cake	✓		✓				✓							
Chocolate mousse							✓							
Jam tart	✓						✓							
Lemon curd tart	✓		✓				✓							
Shortbread	✓						✓							
Apple crumble	✓						✓							
Chocolate crispy cake	✓						✓							
Strawberry cheesecake	✓						✓							
Oat crunchy cookies	✓						✓							
Sticky toffee pudding	✓		✓				✓							
Butterscotch sauce							✓							
Chocolate brownie	✓		✓				✓							
Custard	✓		✓				✓							